### FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

## OMB APPROVAL

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

1. Name and Address of Reporting Person <sup>*</sup> <u>Trojanowski Amy</u>			2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Chemours Co</u> [ CC ]	(Check	ionship of Reporting Pers all applicable) Director Officer (give title	son(s) to Issuer 10% Owner Other (specify	
(Last) C/O THE CHEM 1007 MARKET 3	(First) OURS COMPAN STREET	(Middle) Y	3. Date of Earliest Transaction (Month/Day/Year) 03/01/2019	Х	below) VP and Cont	below)	
(Street) WILMINGTON (City)	DE (State)	19899 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indivi Line) X	idual or Joint/Group Filing Form filed by One Rep Form filed by More that Person	orting Person	

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)			4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock	03/01/2019		М		9,436	A	\$11.8693	54,367	D		
Common Stock	03/01/2019		S		9,436	D	\$38.6292(1)	44,940	D		
Common Stock	03/01/2019		М		4,100	Α	\$15.4871	49,040	D		
Common Stock	03/01/2019		S		4,100	D	\$38.6292(1)	44,940	D		

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(e.g., puts, cans, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		5. Num Deriva Securi Acquir or Disp of (D) 3, 4 an	tive ties red (A) posed (Instr.	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Stock Option (Right to Buy)	\$11.8693	03/01/2019		М			9,436	(2)	02/05/2020	Common Stock	9,436	\$0	0	D	
Stock Option (Right to Buy)	\$15.4871	03/01/2019		М			4,100	(2)	02/04/2021	Common Stock	4,100	\$0	9,049	D	
Stock Option (Right to Buy)	\$38.02	03/05/2019		A		9,756		(3)	03/01/2029	Common Stock	9,756	\$0	9,756	D	

Explanation of Responses:

1. Price reported is a weighted average. Shares were sold in multiple transactions at prices ranging from \$38.10 to \$39.00.

2. The options are fully exercisable.

3. The options vest in three equal annual installments beginning on March 1, 2020.

<u>/s/ Brian Morrissey, attorney-</u> <u>in-fact for Amy P. Trojanowski</u> <u>0</u>

03/05/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $\ast$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.