Form 144 Filer Information SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK0001778813Filer CCCXXXXXXXIs this a LIVE or TEST Filing?Is LIVE TESTSubmission Contact InformationIs this a Live of the second secon

Name Phone E-Mail Address

144: Issuer Information

Name of Issuer	Chemours Co
SEC File Number	001-36794
Address of Issuer	1007 MARKET STREET WILMINGTON DELAWARE 19801
Phone	302 773 1000
Name of Person for Whose Account the Securities are To Be Sold	Ralhan Sameer

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer

Officer

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value		Approximate Date of Sale	Name the Securities Exchange
Common Stock	Merrill Lynch 4 Penn Center, 7th Floor 1600 John F. Kennedy Blvd. Philadelphia PA 19103	10000	320000.00	148077055	08/22/2023	New York

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Amount of Date of Title of the Date you Nature of Name of Is Date Nature of Class Acquired Acquisition Person from this Donor Securities Payment Payment *

	Transaction	Whom Acquired	a Gift?	-	Acquired	
Common Stock 06/03/2019 St	ock Options	The Chemours Co.			10000	06/03/2019 N/A

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Securities Sale Sold	Gross Proceeds
Sameer Ralhan 1007 Market Street Wilmington DE 19801	Common Stock	06/08/2023 50000	1657237.00
Sameer Ralhan 1007 Market Street Wilmington DE 19801	Common Stock	06/13/2023 30000	958192.00
Sameer Ralhan 1007 Market Street Wilmington DE 19801	Common Stock	06/14/2023 21908	710689.00

144: Remarks and Signature

Remarks Date of Notice *ATTENTION*:

08/22/2023

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date. Signature Sameer Ralhan

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)